

Participant Testimonies

Kairos Inside Participants

"Love, love, love! The love of the Father and the love of these volunteers is what I felt."

— Kairos Inside Women's Participant

"I didn't know what to expect. I got rid of so much junk in my heart—anger, hostility, and unforgiveness. I found God, learned to trust others, shared more deeply than ever before, and experienced true freedom."

— Kairos Inside Women's Participant

"They did so much for us. We turned our lives around, and now there is something even better than before."

— Kairos Inside Women's Participant

"I know I've changed. Now I have the tools I need to continue walking in that change. Thank God for Kairos."

— Kairos Inside Women's Participant

"I am not alone, I have family inside now, from all 4 houses, all of us here in one House, God's House. We are a real band of brothers."

— Kairos Inside Men's Participant

"May this Journey never end..."

— Kairos Inside Men's Participant

"I believe I can safely say that nothing in the prison's history has ever had such a positive, dynamic influence on the lives of us so-called criminals as the unselfish love and kindness you have shown us."

— Kairos Inside Men's Participant

"I can truly testify that I saw Christianity in action."

— Kairos Inside Men's Participant

"I came here four years ago and found Jesus."

— Kairos Inside Men's Participant

"I was blown away by Kairos."

— Kairos Inside Men's Participant

"This is my second time in prison. Thirty-six years ago, I accepted the Lord Jesus, but I did not recognize Him in His true meaning. Kairos has spoken, and I have changed. I have found my Lord, and I want to pass Him on to the rest of the compound."

—Kairos Inside Participant

"Remember, Kairos is the tool that helps build your relationship with God, and your relationship with God will determine how your final day turns out."

"Kairos gave my life meaning. I hated prison, but I found purpose. Kairos showed me my purpose."

"My chains are broken, and my shackles are gone. Because of Him, I am free. Thank you, Kairos."

"I received a letter from an eight-year-old that said, 'James, God loves you, even if you made a mistake.' Those words changed my life forever."

"Kairos changes and impacts the lives of some of the hardest and most hardened inmates. I know because I was one of them for 35 years."

"Kairos Outside brought so much healing for me and my mother before she passed. It brought her peace, renewed her faith in God, and strengthened mine."

— Kairos Inside Men's Participant

Kairos Torch

Torch Graduates

"Kairos Torch introduced me to a kind of love I had never experienced before."

"When my Torch weekend ended, I was afraid I would lose that feeling of being loved. I was wrong. My mentor kept coming back."

Torch Volunteers

"I receive far more from serving than I could ever give."

"After everything God has brought me through, serving with Kairos Torch allows me to give back."

"Serving Torch has shown me that I'm fulfilling God's calling and living with greater purpose."

Torch Participants

"This is fire!"

"I truly believe God ordained for me to be here. Because of all of you, I have never felt more thankful."

Kairos Outside

"I attended many retreats throughout my life, but I had never experienced the love of Christ the way it was demonstrated through Kairos."

"Another thing that is so important is accountability - it is different from other ministries,

"For the first time in years, I realized I wasn't alone."

"Kairos Outside gave me hope when I had none."

"I walked in carrying shame and left surrounded by grace."

"This weekend reminded me that God never forgot me."

"I found a family I didn't know I needed."

"Healing began the moment I walked through the door."

"My heart is lighter because of Kairos Outside."

"I came as a stranger and left with lifelong sisters."

"God met me exactly where I was."

"I discovered that my story still has purpose."

"Hope has a name, and I found it here."

"I learned that I am deeply loved by God."

"Kairos Outside changed the way I see myself."

"This weekend gave me the courage to keep going."

"I found peace in the middle of my storm."

"The love I experienced here was life changing."

"I no longer carry my burdens alone."

"God restored my joy through Kairos Outside."

"I finally felt seen, heard, and valued."

"This ministry reminded me that healing is possible."

"My faith was renewed in ways I never expected."

"I left with hope for tomorrow."

"Kairos Outside gave me strength for the journey ahead."

"I found freedom through forgiveness."

"This weekend was an answer to my prayers."

"I experienced God's unconditional love in a powerful way."

"The walls around my heart came down."

"I came broken and left believing again."

"Kairos Outside gave me a fresh start."

"I learned that grace is greater than my past."

"This weekend helped me rediscover who I am in Christ."

"I found peace where there was once pain."

"Every tear led to healing."

"Love truly showed up this weekend."

"God used Kairos Outside to change my life."

"I gained lifelong friendships rooted in Christ."

"I walked away stronger, hopeful, and loved."

"No one should have to walk this journey alone."

"This weekend reminded me that there is always hope."

"Kairos Outside gave me more than a weekend, it gave me a new beginning."

Families

A Mother's Gratitude

"My son is in prison and attended Kairos. He told me every day of that weekend felt like Thanksgiving and Christmas combined. He said he was listened to, cared for, and treated with dignity. He described seeing angels, smiling nonstop, and staying awake Saturday night because his soul was overwhelmed by what God was doing.

Thank you from the bottom of my heart."

— **A Grateful Mother**

Child of Second Chance

"I've seen well-meaning prison programs come and go over the last 20 years, but Kairos is different. The program has made an immediate impact, and the feedback is always positive. We need Kairos in all facilities."

Volunteers

"Lives were changed and spiritual barriers were destroyed through the Kairos weekend."

"Watching participants embrace one another and openly share their testimonies was one of the most powerful moments of the weekend."

"I watched a participant from another faith become fully engaged throughout the weekend."

"Kairos is unlike any other ministry. It is truly a ministry of love."

"Serving with Kairos has shown me that no other ministry reaches people quite the way this one does."

"One of my weekends, a group of women said to me, 'you let us forget where we were.... confined to these walls.... even for a short time.... we learned we are never alone...we are loved. "

"Serving on a Kairos weekend changed my life as much as it changed theirs."

"I came to serve, but God transformed me."

"Every weekend reminds me why I said yes."

"Kairos has become part of my calling."

"Watching hearts soften never gets old."

"God does the work. We simply show up."

"Every Guest has taught me something about grace."

"The greatest blessing has been serving others."

"Kairos has deepened my faith in ways I never imagined."

"There is nothing more powerful than seeing hope restored."

"Serving with Kairos is one of the greatest privileges of my life."

"I have witnessed miracles behind prison walls."

"Every weekend renews my own walk with Christ."

"I came to make a difference and left forever changed."

"Kairos isn't just a ministry. It's a family."

"Some of the strongest faith I've ever seen is inside prison walls."

"God's love reaches every heart."

"I have found lifelong friends through serving in Kairos."

"One yes became a lifetime of purpose."

"Transformation happens on both sides of the table."

"The smiles, tears, and prayers make every moment worth it."

"Serving reminds me that no one is beyond God's grace."

"The Holy Spirit always shows up."

"Every name tag represents a life that matters."

"I leave every weekend spiritually renewed."

"Kairos has shown me what unconditional love looks like."

"The greatest sermon I've witnessed was a changed life."

"God never wastes a willing heart."

"I serve because Christ first served me."

"There is no greater joy than watching hope return."

"Kairos taught me that listening is one of the greatest acts of love."

"Every cookie baked, prayer prayed, and mile traveled matters."

"I've received far more than I've ever given."

"God continues to write redemption stories through Kairos."

"Serving in Kairos has strengthened my faith and my family."

"The prison walls don't limit what God can do."

"I return because lives are changed, including mine."

"Every weekend is a reminder that grace has no boundaries."

"Kairos has given me a front row seat to God's miracles."

"When God calls, incredible things happen."

"Behind every transformed life is a faithful team serving together."

"Serving with Kairos has become one of the greatest blessings of my life."

"Love is the language that changes hearts."

"I never leave a Kairos weekend the same person I was when I arrived."

"God's timing is always perfect, and Kairos is proof."

Chaplains

"Our facility would not be what it is today without the Kairos volunteers."

"Kairos volunteers provide a ministry unlike any other."

"Kairos is a ministry of love."

"This organization pours tremendous time, energy, and resources into bringing the love of Jesus Christ into correctional institutions."

Pastors

"Kairos is the closest thing to the early church existing in the world today."

— **Pastor**

Correctional Leaders

"The Department's Research and Reporting Unit indicates that the faith-based Kairos program has maintained a recidivism rate of just 22% over the past 72 months."

— Chief of Corrections Operations

"Kairos is a beneficial program that helps offenders change their lives."

"Kairos is a steppingstone to changing lives. The influence of Kairos is evident. There is a definitive change."

— Correctional Department Commissioner

"Kairos, which is an ecumenical religious program for prisoners, is the best and most spiritually rewarding activity I have seen in my 24-year career."

— Warden

"I love you all. I love what you do. I see the impact of your work. Don't let up."

— Juvenile Detention Center Warden